## Healing Art Acupuncture & Massage

## **Information Consent to Chinese Medicine Diagnosis and Therapy**



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Chinese Medicine is healing system that includes multiple therapeutic modalities. This medical system facilitates the body's innate healing capability and requires participation in taking personal responsibility in assisting one's own health recover. In some cases, symptoms may relapse or intensify temporarily during the course of treatment before relief is attained. The patient is a partner with the acupuncturist in the healing process. The statements below describe the treatment modalities, which may be employed during treatment and will assist understanding and participation in the healing process. 1. **Acupuncture** is a technique utilizing fine sterile disposable stainless steel needle inserted at specific points in the body to cause a positive response in order to connect various ailments. The location of the application of needle and the depth of their insertion is determined by the nature of the problem. I understand that the application of these needles may be accompanied by some painful sensation and that there is a slight possibility that a minor swelling, bleeding, discoloration, hematoma, fainting, or bruise may occur at the site of insertion. A sensation of momentary euphoria or light-headedness may occur after acupuncture treatment. I will immediately notify the acupuncturist if I experience any symptoms or problems. 2. **Electrical Stimulation** of the acupuncture needles involves using a small battery –powered stimulator attached by Electrodes to the ends of the needles. A slight throbbing or tingling sensation may be felt during the use of this stimulator. This modality is usually employed for pain management and other specific conditions.

Initials 3. **Moxibustion** is the application of indirect heat supplied by burning the herb *Folium Artemisiae Vulgaris* or commonly knows as "Mugwort plant" over a single or group of acupuncture points. The area of treatment may remain red and warm for several hours afterwards. In rare incidences a minor burn may occur at the site of moxibustion. If this incident occurs, I will immediately notify the acupuncturist if I experience any symptoms or problems. If I do not immediately notify the acupuncturist of any discomforted of any kind whatsoever or any type of reaction to the moxibustion treatment, then I assume any and all responsibility of any kind whatsoever as a result of aforementioned moxibustion treatment. 4. Cupping utilizes round suctions cups over a large muscular area such as the back to enhance blood circulation to the designated area. This method may produce redness, discoloration, and on rare occasion a minor blister may form that may persist up to several days but will eventually disappear. 5. Herbal Nutrients are utilized to facilitate the body's own restorative process. These herbs are usually taken in powder form. Chinese herbal powder tends to taste bitter because they are made mostly from roots, barks, and different parts of a plant. On rare occasions, temporary gastric upset may occur. If any discomfort persists, accompanied by hives or shortness of breath, I will advise by attending acupuncturist immediately. 6. Tuina is a specialized bodywork technique or treatment. In facilitating healing and pain management. Occasionally there may be increase soreness or bruising at the sites of the treatment. Initials There are risks involved in any procedure or treatment. I do not expect the acupuncturist to be able to anticipate all risks and complications related to my condition, and I understand that acupuncture or Chinese Medicine cannot successfully treat all medical conditions. I understand that an acupuncturist is not a medical doctor. I desire to rely on the acupuncturist to exercise judgment during the course of treatment, which the acupuncturist deems appropriate and in my best interests, based upon the facts then known. I also understand that, whenever necessary, I must continue to seek treatment with a medical doctor for any conditions which cannot be resolved by acupuncture or Chinese Medicine Initials ← I hereby certify, by signing below, that I have read this entire form, asked questions if I did not understand and that I consent to the provisions described above. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment. Signature Date